

NAMI CCNS Cordially Invites You To:

"Recovery Tools"

Meet Virginia Goldrick, Ph.D., Certified Recovery Support Specialist, Region 1 Chicago Read Mental Health Center. She will discuss tools for recovery from mental illness, including WRAP, the Wellness Recovery Action Plan program.

Dr. Goldrick will answer your questions.

Monday, July 13, 7:00 – 8:30 pm, in Glenview

This program is ***free*** and open to the ***public*** at the

Midwest Care Center, Administration Building,
2050 Claire Ct, Glenview 60025.

Directions: Take Willow Rd to Ravine Way, which is west of Waukegan Rd and east of Patriot. Ravine Way is at the entrance of North Shore Corporate Park. Turn south on Ravine and then left onto Claire Court. Midwest Center is at the very end of Claire Court, which is a winding road .

*NAMI CCNS, the National Alliance on Mental Illness, Cook County North Suburban,
is a local affiliate of NAMI, the Nation's Voice on Mental Illness.*

For additional information, please call us at 847-716-2252

or visit us at www.namiccns.org