



2016 NAMI CCNS 5K Race

Distance: 3.10 miles / 4.99 km
Location: Start: Washington School, Park Ridge, IL, US
Attributes: Out & back, all flat, roads
Description: Flat, fast, chip timed and certified. Medals to the winners.

ALL PAINT MARKS (pm) IN FLOURESCENT ORANGE
 *START – PM on W side of Western @ “Snow Route & Attended Pickup” sign E of door #15 @ Washington School
 *1 MILE – E side of Western, 2 meters N of S edge of sidewalk @ front door of #1502 Western.
 *2 MILE – S edge of manhole in center of street, 8 meters S of S edge of driveway #1604 Western.
 *3 MILE – E side of Western @ N edge of driveway #505 Western.
 *FINISH – W side of Western @ brocken crack in curb, 13.45 meters N of Start, & 4 meters S of “Attended Pickup” sign.

1 Mile - Water

Southwest
2 Miles