

NAMI CCNS Cordially Invites you to:

**“MINDFULNESS:
Awareness, Attention, Compassion”**

December 12, 7:00 – 8:30 pm

Location: Journey Care
2050 Claire Ct, Glenview, IL 60025

Phone: (847) 467-7423

Robin Lake is a licensed, Clinical Social Worker currently with Family Service Center of Wilmette, Glenview, Northbrook, Kenilworth. She earned a Master of Social Work from the University of Michigan and a Master of Psychology from Michigan State University. Ms. Lake works with individuals, couples, and families addressing parenting, attachment, trauma, and mental health challenges with a compassionate and eclectic approach.

