

# Equine Assisted Therapy for People with Mental Health Conditions



**Sunday August 27, 2018 3:30 – 5:30 pm**

**Equestrian Connection, 600 N. Bradley Road, Lake Forest, IL 60045**

**Demonstrations, instructions, and mounted riding experience.**

Equestrian Connection of Lake County and the National Alliance on Mental Illness, Cook County North Suburban invite you to experience the benefits of equine therapy. On-the-ground equine therapy incorporates a connection between humans with mental health conditions and highly sensitive animals.

Call Equestrian Connection at 847-615 8696 to register. Program limited to 20 participants.



Cook County  
North Suburban



To learn more about NAMI CCNS, go to [www.namiccns.org](http://www.namiccns.org)