

Mental Health Centers

Outpatient Non-profit in Our Extended Area



Not all services are listed. Please contact the center directly for complete information. **For possible urgent or crisis services, see italicized listings.**

Some friendly advice – There is a shortage of services for people living with mental illness. If you are told “no appointments available for three months,” **take it**. One appointment is better than none. Ask to be called if there is a cancellation. You can also call other centers to see if an earlier appointment is possible. An opening may come up sooner than expected.

Need a prescription for meds? Try your primary care doctor, Asian Human Services, Erie Evanston, Heartland Health Centers, Lutheran Social Service Welcoming Center

Name	Address	Phone	Website	Comments
Alexian Bros Center for Mental Health	3436 N Kennicott Arlington Hts	847-952-7460	Alexianbrothershealth.org/acmh	Mental health and substance abuse counseling, individual, family, groups, DBT, women’s groups, psychological testing, meds mgmt., residential program. Partial hospitalization program. Psychiatrist on staff. <i>Gail Nelson, Crisis Team, 847-952-7476</i>
Asian Human Services Family Health Ctr - <i>Urgent Calls accepted</i>	8800 Lockwood Dr Skokie	847-1400-983-	Ahschicago.org	Both Medical & Mental Health services. Many Asian languages. Medicare, Medicaid, sliding fees. Child & adult. Accepts non-Asian patients
Behavioral Services Center – <i>Urgent Walk-In Center</i>	8707 Skokie Blvd #207 Skokie	847-673-8577	Integrative-health.us/urgent-walk-in-center	Urgent counseling service in response to severe anxiety and depressive symptoms (without Suicidal Thoughts), family conflicts, relationship difficulties, and substance abuse. For emergencies – suicidality, psychosis, etc, go to nearest emergency room or call 911.
C-4 - Community Counseling Centers of Chicago	4740 N Clark and three add’l Chicago locations	773-769-0205	C4chicago.org	Child, Adoles, Adult. Counseling/therapy – indiv, family, and group. Medication monitoring. Psychiatric Evals. Crisis services and 24 hr crisis intervention
Counseling Center of the North Shore	992½ Green Bay Rd Winnetka	847-446-8060	Familyservicewn.org	Affordable counseling and psychotherapy. Child, Adoles, Adult, Parenting, Substance Abuse. Must live, work, study, or worship in <i>Winnetka or Northfield</i> .
Erie Evanston/Skokie Health Center	1285 Hartrey Ave, Evanston	847-666-3494	eriefamilyhealth.org	Medical, dental, & behavioral health care-child, adult. Medicaid, Medicare, Ins, Sliding scale fees.
Family Service Center	3545 Lake Ave Ste. 200 Wilmette	847-251-7350	Familyservicecenter.com	Indiv & family therapy, parenting programs. Serves <i>Wilmette, Glenview, Northbrook & Kenilworth</i> . Sliding scale fees higher for non-residents.
Haven Youth & Family Services	825 Green Bay Rd #200 Wilmette	847-251-6630	Havenforyouth.org	For adolos and their families. Indiv, family, group therapy. Support groups for teens. Emergency housing and crisis intervention. Must live in <i>New Trier or Northfield</i> townships.
Heartland Health Centers Chicago locations	3737 W Lawrence, 773-366-7777 2200 W Touhy, 773-751-1875 1300 W Devon, 773-741-1876		Heartlandhealthcenters.org	Physical and mental health services
Impact Behavioral Health, formerly Housing Options	2100 Ridge Ave, G320 Evanston	847-866-2977	Impactbehavioral.org	Affordable, furnished housing in Evanston and non-residential support –therapy, living skills, supportive employment
Josselyn Center	405 Central Ave, Northfield	847-441-5600	Josselyn.org	Child, adoles, adult psychiatric services – individual and family therapy, psychological testing, meds monitoring. Includes PTSD therapy. Has adult DROP-IN Center, Mon-Fri, 10 am – 3 pm for stress and anxiety management, coping & social skills in a safe environment.
Kenneth Young Center	1001 Rohlwing Rd, Elk Grove Village, also Hoffman Estates & Mt Prospect	847-524-8800	Kennethyoung.org	Adult, child and adolescent. Counseling, support, mediation. Multiple services for adults with mental illness – learning living skills, employment, transitional apartment living. Community education and prevention services .
Lake County Child & Adolescent Services	3010 Grand Ave Waukegan	847-377-8950	Lakecountyil.gov/health	Individual, family, group, respite, and crisis counseling. Services for youth and their families in Lake County. Hospitalization assessment for youth with Medicaid, Kidcare, or uninsured. Counseling in communities, including schools. Case managers available to assist families
Lake County Adult Mental Health Services	3010 Grand Ave, Waukegan 18698 Peterson Rd, Libertyville	847-377-8180 847-377-8855	Lakecountyil.gov/health CRISIS 847-377-8088	Adults – counseling, crisis counseling and respite, case management, housing programs, and substance abuse services.

Independence Center	2015 Washington St, Waukegan	847-360-1020	icwaukegan.org	Living skills, goal setting, becoming independent, supportive housing and employment
Leyden Family Services	10001 Grand Ave, Franklin Park	847-451-0330	Leydenfamilyservice.org	Counseling, treatment, and preventive care for adults, adolescents, children, seniors, and families. Residential program. Mental health, substance abuse, medically monitored detox, DUI programs
Lutheran Social Services	4840 W Byron Chicago and Villa Park	883-610-5774	Lssi.org	Portage Cragin Mental Health Center, 4840 W Byron, Chicago. Community based counseling for adults, adolescents, and children. Intensive Case management and crisis intervention. Group homes for adults with mental illness. Substance abuse program and detox. Helps new mothers and fathers with parenting.
Lutheran Social Services	Welcoming Center, no appt, at 5215 N California #F101, Chicago 60625	773-561-5809	Lssi.org	Welcoming Center for people in crisis or in need of immediate behavioral health care. No appointment is necessary. Walk-In, Mon-Fri, 8am – 7pm, 5215 N California, Suite F101, Chicago 60625, next to Au Bon Pain. 773-561-5809
MaineStay	1700 Ballard Rd, Park Ridge 60068	847-297-2510 Ext 261	mainetownship.com/services/ mainestay/psychiatric.shtml	Psychiatric services for those who live or work in Maine Township only, age 18 years and older. Evaluations, meds management, consultation, integration of psych care into each client's overall plan. Not for those needing inpatient or having primary chemical dependence. Medicaid recipients are welcome. Contact Anna Lydka, adziekonski@mainetown.com , 847-297-2510 x261
Metropolitan Family Services	820 Davis St #450, Evanston 5210 Main St, Skokie	847-425-7500	Metrofamily.org	Psychiatric evaluation, case management, crisis intervention, children and adults. Intensive outpatient and psychiatric services. Helps veterans reintegrate into civilian life.
Phoenix Program	North Shore University Health System - Evanston	847-570-1189	/www.northshore.org/psychiatry- behavioral-sciences/clinical- services/adult-intensive-outpatient- program/Northshore.org	Psychiatric and psychotherapy services. Family and couples counseling. Alcohol and substance abuse program. Adult ADHD program. Adolescent Day school, after school outpatient program. Must be an Evanston resident.
Thresholds	4101 N Ravenswood Ave, Chicago - plus multiple other locations	773-572-5400	Thresholds.org, email - intake@thresholds.org	Multiple services & locations including suburbs. "Thresholds is one of the oldest and largest providers of recovery services for persons with mental illnesses in Illinois. We offer 30 innovative programs at more than 90 locations throughout Chicago and the adjacent suburbs. Services include assertive outreach, case management, housing, employment, education, psychiatry, primary care, substance abuse treatment, and research."
Thresholds Transitions	8050 Monticello Ave, Skokie	773-537-3140		Ages 18 and older, day treatment for mental illness, co-occurring disorders
Thresholds Emerge Program	Northern Chicago & suburbs	773-572-5400	Jose Viruet, Director, 773-572- 5403, joseviruet@thresholds.org	For ages 18-28, will visit their home. Therapy, referrals, psychiatry, supported employment, crisis intervention. Medicaid required
Trilogy Behavioral Healthcare	1400 W Greenleaf Chicago (Rogers Park)	773-508-6100	Trilogyinc.org Crisis Line 800-322-8400	A Recovery Counselor helps each person connect with needed services such as crisis, family, psychiatric, psychological, substance use disorder, employment, and residential
Turning Point Behavioral Health Care	8324 Skokie Blvd Skokie	847-933-0051	Tpoint.org Crisis Line 847-933-0051	Adult, child, adolescent. Individual and group therapy, psychiatric evaluation, medication monitoring, case management, residential program.
Turning Point Living Room for Adults in Crisis	8324 Skokie Blvd, Skokie	847-933-9202	tpoint.org/the-living-room	Mon – Fri, 3 pm – 8 pm. Crisis respite, appointment not necessary, but call first for info. May be an alternative to the Emergency room.
Josselyn Center Living Room for Adults in Crisis	405 Central Ave, Northfield	847-441-5600	josselyn.org/images/TJC-Drop- In-Flyer.png	Mon – Fri, 8 am – 3 pm. Crisis respite, appointment not necessary, but call first for info. May be an alternative to the Emergency room.
Rogers Behavioral Health	4711 Golf Rd, #600, Skokie	224-470-4100	Rogersbh.org	Depression, mood disorders, anxiety, OCD, eating disorders, dual diagnosis. Programs for children, adolescents, adults, including PHP's. Accept Medicare and insurance.
Chapman Center of North Shore University Health System	Evanston Hospital 2650 Ridge Ave, Evanston	847-870-4633	www.northshore.org/psychiatry- behavioral-sciences/clinical- services/alcohol-abuse-addiction- recovery/	Comprehensive treatment for people with substance use disorders, including those with a co-occurring mental health disorder – dual diagnosis. PHP and intensive outpatient program.
Youth Services of Glenview	3080 West Lake Ave, Glenview	847-724-2620	Youthservices-gn.org	Children and families – counseling, crisis intervention, psychiatric testing and evaluations, suicide prevention, social skills group, bipolar support group, long term housing,